



Real Relationships: From Bad to Better and Good to Great

Les Parrott, Leslie Parrott

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In this updated edition of their bestselling book, *Relationships*, Drs. Les and Leslie Parrott dig below the surface to the depths of human interactions, offering expert advice and practical tools for improving the most important aspect of human life: relationships. Designed for college students, young adults, singles, and dating couples, this cutting-edge book teaches the basics of healthy relationships, including friendship, dating, sexuality, and relating to God. Newly updated and expanded to include the latest research on relationship building and vital information on social networking, it provides readers with proven tools for making bad relationships better and good relationships great. *Real Relationships* is filled with thought-provoking questions and links to its separate workbook. The workbook?integral to getting the most out of *Real Relationships*?contains dozens of self-tests and assessments that will help readers determine their relational readiness, the health of the home they grew up in, their understanding of gender differences, and much more. *Real Relationships* and the *Real Relationships Workbook* furnish an honest and timely guide to forming the rich relationships that are life's greatest treasure.



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