



Lifestyle Performance: A Model for Engaging the Power of Occupation

Beth P. Velde PHD OTR/L, Gail S. Fidler OTR FAOTA Retired

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Lifestyle Performance: A Model for Engaging the Power of Occupation presents the theoretical base, structural format, and application of the Lifestyle Performance Model. This model of occupational therapy practice provides the occupational therapist with ways of responding to the timely needs of community service, of health and wellness programs, and to the dynamics that comprise the quality of life.

The Lifestyle Performance Model is a phenomenologically based practice model that addresses occupation for occupation's sake and as a therapeutic intervention. This exceptional text builds on the authors' current text, *Activities: Reality and Symbol*, providing the conceptual rationale and structural format for applying knowledge about activities to well populations, to those in need of OT intervention, and to the operations of organizations and agencies.

Contents of this outstanding text include the underlying constructs of the model, such as personal efficacy, self-dependency, information processes, examples of application in various settings, and projections for the future.

Inside this essential text you will also find that introductory chapters include a brief review of key points as well as illustrative case studies.

Lifestyle Performance: A Model for Engaging the Power of Occupation is the only text for occupational therapy that provides such a comprehensive explanation of the Lifestyle Performance Model. Through its flawless organization and broad explanation of theory, this text is a must-have for every occupational therapy student and practitioner.

Features:

- Designed to help move occupational therapists from the classroom to the clinic.
- Compatible with the WHO Classification System of Functioning, Disability & Health and proposed OT Practice Framework draft XV.
- Includes real-life cases written by practicing occupational therapists.

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