



If I'd Known Then: Women in Their 20s and 30s Write Letters to Their Younger Selves

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Now in paperback, the popular second volume in the What I Know Now™ series offers wonderfully candid letters from women under forty, who give advice to the girls they once were. Readers will discover familiar names as well as new voices, including actress Jessica Alba; singer/songwriter Natasha Bedingfield; author Hope Edelman; Olympic soccer gold medalist Julie Foudy; singer/songwriter Lisa Loeb; and actress Kimberly Williams-Paisley. Here are stories of young love; of daring to chart a new path when everyone tells you to play it safe; of realizing that *perfection is a pipe dream*. The ideal gift for any young woman in your life, this collection provides “a boost of hope that today’s turmoil can foster tomorrow’s growth, success, and happiness” (*Boston Globe*).

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