



# 101 Solution-Focused Questions for Help with Trauma

*Fredrike Bannink*

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**101 Solution-Focused Questions for Help with Trauma** Fredrike Bannink

**A step-by-step guide to conducting successful solution-focused therapy for survivors of traumatic experiences.**

This book aims to help therapists working with clients who struggle with trauma by offering them solution-focused (SF) viewpoints and skills. The book invites all professionals to change their focus from what is wrong to what is right with their clients, and from what isn't working to what is working in their lives.

The book contains 101 solution-focused questions (and more) for help with trauma, with a focus on the clients' preferred future and the pathways to get there.

As Insoo Kim Berg put it in her foreword for Fredrike Bannink's highly successful *1001 Solution-Focused Questions: Handbook for Solution-Focused Interviewing*, "SFBT is based on the respectful assumption that clients have the inner resources to construct highly individualized and uniquely effective solutions to their problems."

From the more than 2,000 questions she has collected over the years, Bannink has selected the 101 most relevant for each subject. Much of the material in the 3-volume set is unique and did not appear in the earlier work, inviting therapists to open themselves to a new light on interviewing clients.

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The book untitled 101 Solution-Focused Questions for Help with Trauma contain a lot of information on that. The writer explains her idea with easy technique. The language is very simple to implement all the people, so do certainly not worry, you can easy to read the idea. The book was compiled by famous author. The author gives you in the new period of time of literary works. You can actually read this book because you can read more your smart phone, or program, so you can read the book inside anywhere and anytime. If you want to buy the e-book, you can available their official web-site in addition to order it. Have a nice go through.

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