



The Vitamins, Second Edition: Fundamental Aspects in Nutrition and Health

Gerald F. Combs Jr.

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The Vitamins, Second Edition: Fundamental Aspects in Nutrition and Health Gerald F. Combs Jr. **The Vitamins, Second Edition** provides thoroughly updated, revised and expanded coverage of the biochemistry and physiology of vitamins and vitamin-like substances. It contains a cohesive, well-organized and readable presentation of each of the vitamins, as well as the history of their discoveries and the status of current knowledge concerning their roles in nutrition and health. The book is organized, personal, and supportive for effective teaching and learning. Each chapter begins with a list of concepts, objectives, and vocabulary, and concludes with case studies, student questions and exercises. **The Vitamins** is intended for use by students and health professionals as a text and major reference in human and animal nutrition and in clinical medicine. It will also be valuable to all researchers in food science, veterinary science and the animal sciences.

Key Features

- * Extensively expanded revision of the widely used First Edition
- * Concisely presents the state of knowledge of the vitamins and vitamin-like substances
- * Includes pertinent issues emerging from the fields of molecular biology and epidemiology
- * Emphasizes the biochemical and clinical aspects of the vitamins
- * Employs a concept-based approach which facilitates meaningful learning
- * Extensively footnoted to provide reader with a deeper level of understanding of key issues
- * Uses advance organizers such as anchoring concepts, learning objectives and vocabulary at the beginning of each chapter
- * Presents illustrative case studies, study questions and exercises at the end of chapters
- * Includes guide for instructors and students

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