



# The Joy of Sex: The Ultimate Revised Edition

*Alex Comfort*

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# The Joy of Sex: The Ultimate Revised Edition

Alex Comfort

## **The Joy of Sex: The Ultimate Revised Edition** Alex Comfort

Famous for helping couples discover how sex can be playful, erotic, passionate, exhilarating, and most of all, pleasurable.

*The Joy of Sex* revolutionized how we experience our sexuality. An international bestseller since it was first published in 1972, Dr. Alex Comfort's classic work dared to celebrate the joy of human physical intimacy with such authority and candor that a whole generation felt empowered to enjoy sex. Now fully updated, revised, and reillustrated, *The Joy of Sex* once again sets the standard as the world's most trusted sex manual.

Substantial revisions from sex expert and relationship psychologist Susan Quilliam include new information on:

- Key scientific discoveries in the fields of psychology, physiology, and sexology
- The Internet and couple-friendly pornography
- The importance of sex to our growth as people and partners
- Maintaining a fulfilling sex life as we get older

Above all, *The Joy of Sex* emphasizes the importance of happy and healthy sexuality in our lives.

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