



Grump Groan Growl

Bell Hooks

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GRUMP GROAN GROWL

Bad mood on the prowl

Some days the grumpies just take over. So don't let that anger build up--embrace your feelings, overcome your aggression, and be your best self.

In other words:

Just let those feelings be

Just let them pass

Just go inside

And let it slide

bell hooks honest text radiates positivity while Chris Raschka's dynamic art adds humor to a book that is perfect for all ages.

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