



Fibromyalgie (German Edition)

R. Paul St. Amand, Claudia Craig Marek

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Muskelschmerzen, Erschöpfung, Müdigkeit, Blasenentzündungen, Schlaflosigkeit, Hypoglykämie, chronisches Erschöpfungs-Syndrom, Reizdarm- oder Reizblasen-Syndrom, chronische Pilzentzündungen: Wenn Sie an diesen Symptomen oder einem dieser Syndrome leiden, könnte es sein, dass Sie Fibromyalgie haben. Jetzt ist das revolutionäre Buch über die Therapie bei Fibromyalgie komplett überarbeitet und aktualisiert. Im Jahre 1999 stellte Dr. St. Amand, ein erfahrener Endokrinologe und Professor an einer kalifornischen Universität, sein effektives Behandlungskonzept vor, welches Fibromyalgie rückgängig machen kann - basierend auf vierzig Jahren der Forschung aufgrund seiner eigenen Erfahrungen mit der Krankheit sowie der von Hunderten seiner Patienten. Jahre später sind Tausende von Menschen, die an Fibromyalgie litten, dem revolutionären Konzept von Dr. St. Amand gefolgt und haben wunderbare Resultate erzielt. Dies Buch bietet die neuesten Forschungsergebnisse sowie Dr. St. Amands Bahn brechendes Programm, welches Guaifenesin einsetzt - ein preisgünstiges, sicheres und zunehmend einfacher erhältliches Medikament, welches die Krankheit zum Guten wenden kann. Die Autoren sahen, wie bei 90% aller Fibromyalgiepatienten, die dem Behandlungskonzept folgten, die Symptome verschwanden und sie wieder ein normales Leben führen konnten. Jetzt können auch Sie herausfinden: - Warum Fibromyalgie häufig fehldiagnostiziert wird. - Nach welchen Richtlinien die korrekte Dosis und passende Form des Guaifenesins gefunden wird - und welche Substanzen dabei zu vermeiden sind. - Wie Sie mit den Symptomen zurechtkommen können, bis Guaifenesin seine volle Wirkung entfaltet hat. - Welcher Zusammenhang zwischen Fibromyalgie und Hypoglykämie besteht - und wie Sie Ihre Hypoglykämie mit Hilfe einer Diät unter Kontrolle bringen können. - Aktuelle Informationen darüber, welche Zusammenhänge zwischen Fibromyalgie und solchen Leiden wie z.B. Reizdarm-Syndrom, Reizblasen-Syndrom und weiteren Beschwerden best

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