



The Actor's Guide to Creating a Character: William Esper Teaches the Meisner Technique

William Esper, Damon Dimarco

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William Esper, one of the most celebrated acting teachers of our time, takes us through his step-by-step approach to the central challenge of advanced acting work: creating and playing a character.

Esper's first book, *The Actor's Art and Craft*, earned praise for describing the basics taught in his famous first-year acting class. *The Actor's Guide to Creating a Character* continues the journey. In these pages, co-author Damon DiMarco vividly re-creates Esper's second-year course, again through the experiences of a fictional class. Esper's training builds on Sanford Meisner's legendary exercises, a world-renowned technique that Esper further developed through his long association with Meisner and the decades he has spent training a host of distinguished actors. His approach is flexible enough to apply to any role, helping actors to create characters with truthful and compelling inner lives.

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