



So, What's Your Proposal?: Shifting High-Conflict People from Blaming to Problem-Solving in 30 Seconds!

Bill Eddy

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Complain! Complain! Complain! Have you ever dealt with high-conflict people who blame you or others for one problem after another without taking any responsibility themselves? Don't you feel like wringing their necks?

Instead, consider the simple method taught in this book for getting them out of the past and away from blaming everyone else. Get them to quickly focus on the future, take responsibility and contribute to finding solutions to problems – including those they created themselves or any problem.

When people complain and blame you, you don't need to defend yourself or get angry back. Just calmly say: "So, what's your proposal?" and focus on teaching the simple 3-step method explained in this book. This method will help you stay calm and confident, while earning the respect of those around you – even those who want to blame you!

And blame is abundant these days! Every day dozens, if not hundreds, of people confront us at work, at the store, in our communities and online. Nerves get on edge. More and more people get stuck blaming others for anything that goes wrong. With high-conflict people increasing in society, with the 24-hour news cycle, and with Twitter, Facebook and the Internet, we hear constantly about the worst behavior of other people and dozens of terrible problems. The strong temptation is to react and blame others back. However, this just feeds the problem.

This book shifts the conversation from the past and blame, to the future and problem-solving. The book teaches a simple method which can be used by almost anyone. It will help the reader stay calm and confident, while also keeping the focus on solving problems, rather than blaming people.

But it takes practice, which is why this book gives so many examples. The reader will earn the respect of those around him or her. We have seen it happen over and over again – many times in just 30 seconds.

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From reader reviews:

Christopher Slowik:

The book *So, What's Your Proposal?: Shifting High-Conflict People from Blaming to Problem-Solving in 30 Seconds!* will bring you to definitely the new experience of reading a new book. The author style to elucidate the idea is very unique. In the event you try to find new book to read, this book very ideal to you. The book *So, What's Your Proposal?: Shifting High-Conflict People from Blaming to Problem-Solving in 30 Seconds!* is much recommended to you to learn. You can also get the e-book from official web site, so you can quicker to read the book.

Cory Kyle:

A lot of people always spent all their free time to vacation or maybe go to the outside with them friends and family or their friend. Do you realize? Many a lot of people spent these people free time just watching TV, as well as playing video games all day long. If you want to try to find a new activity honestly, that is look different you can read any book. It is really fun for you. If you enjoy the book that you read you can spent 24 hours a day to reading a reserve. The book *So, What's Your Proposal?: Shifting High-Conflict People from Blaming to Problem-Solving in 30 Seconds!* it doesn't matter what good to read. There are a lot of people who recommended this book. We were holding enjoying reading this book. In the event you did not have enough space to bring this book you can buy the actual e-book. You can m0ore effortlessly to read this book from a smart phone. The price is not to fund but this book possesses high quality.

Elaine Jenkins:

Reading can called imagination hangout, why? Because if you are reading a book mainly book entitled *So, What's Your Proposal?: Shifting High-Conflict People from Blaming to Problem-Solving in 30 Seconds!* your head will drift away trough every dimension, wandering in each aspect that maybe mysterious for but surely might be your mind friends. Imaging just about every word written in a guide then become one contact form conclusion and explanation this maybe you never get prior to. The *So, What's Your Proposal?: Shifting High-Conflict People from Blaming to Problem-Solving in 30 Seconds!* giving you one more experience more than blown away the mind but also giving you useful data for your better life within this era. So now let us show you the relaxing pattern this is your body and mind will likely be pleased when you are finished looking at it, like winning a. Do you want to try this extraordinary spending spare time activity?

Mildred Lyons:

As we know that book is vital thing to add our information for everything. By a e-book we can know everything we wish. A book is a list of written, printed, illustrated as well as blank sheet. Every year was exactly added. This publication *So, What's Your Proposal?: Shifting High-Conflict People from Blaming to Problem-Solving in 30 Seconds!* was filled with regards to science. Spend your spare time to add your knowledge about your scientific disciplines competence. Some people has several feel when they reading a

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