

How to Stop Worrying and Start Living

Dale Carnegie

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How to Stop Worrying and Start Living Dale Carnegie

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Discover how to:

- Eliminate fifty percent of business worries immediately
- Reduce financial worries
- Avoid fatigue—and keep looking you
- Add one hour a day to your waking life
- Find yourself and be yourself—remember there is no one else on earth like you!

How to Stop Worrying and Start Living deals with fundamental emotions and ideas. It is fascinating to read and easy to apply. Let it change and improve you. There's no need to live with worry and anxiety that keep you from enjoying a full, active and happy life!



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