

# Dressing Your Truth, Discover Your Type of Beauty

Carol Tuttle



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With the launch of her newest book, alternative therapist Carol Tuttle is turning long-standing fashion and beauty myths on their head, and helping rescue fashion victims who repeatedly fall prey to the latest trends. Based around Tuttle's years-in-the-making, breakthrough Beauty ProfilingTM system, Dressing Your Truth identifies four main Types of women based on their physical features, body language, personality and behavior tendencies. Tuttle's system is resoundingly different than any of the fashion/beauty makeovers you've seen in magazines or on ty - instead of just focusing on your outward appearance, it helps awaken your inner truth, bringing a deeper understanding of your true personal style, a better self-image and a more authentic sense of your own beauty. Tuttle's healing, therapeutic approach to fashion and beauty teaches how the supermodel standard has failed women, identifies the most common fashion mistakes and shopping tendencies, explains the top 7 fashion myths and much, much more. If you've ever felt defeated in a dressing room, faced a closet full of clothes but still felt you had nothing to wear, or thought you had to be skinny to be beautiful, Dressing Your Truth will be a much-appreciated reality check that will help you discover and celebrate your own, unique beauty. This book offers the reader the experience of taking the first step in Discovering Your Beauty Profile in her Dressing Your Truth do it yourself beauty makeover sytem. The author DOES NOT teach you how to Dress Your Truth in this book, but refers the reader to her online Dressing Your Truth learning portal which she created as the complementary learning experience to the book.

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