

Bacteria Menace, The: Today's Emerging Infections and How to Protect Yourself

Skye Weintraub ND

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Bacteria Menace, The: Today's Emerging Infections and How to Protect Yourself Skye Weintraub ND We live in a society that is currently experiencing a dramatic rise in chronic and unexplainable illnesses like chronic fatigue syndrome and fibromyalgia. Despite medical advances in recent years, mainstream solutions to these conditions are often too little, too late. We are also witnessing the emergence of new and powerful pathogens or "superbugs" that threaten to undermine the very foundations of modern medicine. In response, many medical experts now believe that today's most menacing health threat is harbored within the body, not lurking outside it. In this book, author and naturopathic physician Skye Weintraub outlines how bacteria may be at the root of many of today's chronic health conditions, and explains how to effectively build immunity and protect one's self from these dangerous agents, without the help of antibiotics. Citing the most recent research on the subject, she argues that the body's "inner terrain" is where the battle for health is really won or lost.



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