



Gerd, Heartburn and The Acid Reflux Solution: Natural Ways to Stop, Treat, & Prevent The Burn

Phil Fontana

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The Best Ways To Stop Heartburn and Acid Reflux Once And For All,

Heartburn or acid reflux is an irritation of the esophagus caused by stomach acid. Discover how to finally overcome GERD, heartburn, and acid reflux! More than 50 million Americans have GERD, or gastroesophageal reflux disease. Antacids can sometimes work for short-term relief, but they can also cause serious medical conditions if they're used for more than the recommended amount of time.

In this guide, you will learn specific tips to help you overcome that burning sensation. You will learn all about heartburn and how it is different than acid reflux. Straight to the point, this short ebook explains how simple natural remedies can help you with GERD, indigestion, reflux and any heartburn conditions you may be experiencing.

Stop your dependence on antacids and learn the reasons why they are so harmful to your health. Natural remedies and common over-the-counter medications are discussed as well. You will gain insight into holistic treatments and how lifestyle changes could alleviate the problem. Learn what gassy foods cause gastric acid reflux and the natural remedies to prevent GERD and improve digestion.

Today only, get this valuable information for just \$.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device.

Here Is A Summary Of What You'll Learn...

- What You Need to Know About Heartburn and Acid Reflux
- Easy Home Remedies for Relieving Heartburn
- Common Over-the-Counter Medications for Heartburn
- Holistic and Alternative Treatments to Acid Reflux and Heartburn
- Lifestyle Changes to Stop and Prevent Heartburn

And much, much more!

What Others Are Saying:

- "This book could help you avoid a lot of pain and suffering." PWB
- "...a straight to the point, fantastic book." S.J.
- "The book offers practical tips for relieving heartburn and easing acid reflux." Naomi R. Oakley

Download your copy today!

Tags: GERD, indigestion, heartburn, heartburn relief, heartburn cure, heartburn cured, heartburn no more, acid reflux, acid reflux solution, acid reflux relief

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