



A Travel Guide to Leadership: How to Use Positive Psychology, the New Physics, and Spirituality to Transform Yourself, Your Relationships, and Your Career

Alan A. Mikolaj MA

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Do you want to boost your influence? Improve your thinking? Lead more effectively? Make more profits? Feel happier and more fulfilled? Be the best leader that you can be? A Travel Guide to Leadership helps you discover a deeper level of who you are as a person and as a leader. The word lead originates from the Old English, lædan, meaning "cause to go with one" or "to travel." Alan presents strategies in an easy to read format and using real life stories that have the power to transform yourself, your relationships, and your career! Find out why Doug Parks said in his interview on Science for Life, "Alan has taken his life story and turned it into an incredible book!" Jack "BroJack" Williams, Minister, BroJack Ministries and Manager, Patient Services, Quest Diagnostics said of the book, "If as a leader, you are interested in learning how to be a better and more effective leader, then this book is for you!"

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