



Health, Safety, and Nutrition for the Young Child

Lynn Marotz, Marie Z. Cross, Jeanettia M. Rush

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Health, Safety and Nutrition for the Young Child, 5th Edition provides students with a comprehensive and time-tested guide relative to the critical issues of the health, safety and nutrition of young children. It includes a wealth of practical information and resources for the student as well as the experienced early childhood educator, caregiver and parent. The text stresses the important role early childhood educators play in promoting good health and life-long healthy attitudes and practices for children. It also focuses on guiding children's educational experiences and provides strategies for creating safe and healthy environments. Several new features have been added to expand the student's understanding of basic concepts and their contemporary application. Information on such subjects as SIDS, HIV/AIDS, Fetal Alcohol Syndrome and otitis media has been expanded in this new edition. The text also includes a comprehensive overview of basic nutrition designed to help students and teachers better understand the critical value of good nutrition.

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