

Brooks/Cole Empowerment Series: Social Work with Groups: A Comprehensive Worktext (Book Only)

Charles Zastrow

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Using a plentiful selection of skill-building and self-evaluation exercises, author Charles Zastrow's comprehensive, workbook-style text promotes his philosophy that you can learn group leadership skills best by practicing them in class. In this ninth edition of SOCIAL WORK WITH GROUPS: A COMPREHENSIVE WORKBOOK, Zastrow discusses topics that are central to a successful understanding of group leadership: stages of groups, group dynamics, verbal and nonverbal communication, types of groups, and diversity in groups. With support from this book, your classroom will become a "lab" where you can experience what it's like to work in and lead many kinds of groups. Updated throughout with timely new topics and firsthand accounts from experienced social group work professionals, this edition also includes a new chapter on treatment groups with diverse and vulnerable populations.



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